

## Week 5 Case Study for Discussion

This case study provides you with an opportunity to immerse yourself in the role of a community health nurse and examine primary, secondary, or tertiary prevention strategies related to two population health problems. As you work through the case, reflect on what you have learned from this course about community health nursing and apply it to this scenario.

**Your role:** You continue to work as a community health nurse in your local health department. At a department meeting several months ago, new epidemiological data was presented that showed a disturbing increase in violence in your area along with an increase in alcohol abuse rates. A community wide coalition was convened to assess these problems and you volunteered to be a member of this task force. The task force has met several times and analyzed assessment data and is beginning to consider intervention options.

**Task force members:**

- Christina is a social worker with the health department.
- Tracey is a case worker from Child Protection Services.
- Paul is a pastor at a local church.
- Susan is the school nurse with the elementary and middle schools.
- Eric is the director of a local emergency department.



**Your charge:**

Review your online lesson, assigned readings, and visit The Community Guide website (<http://www.thecommunityguide.org/>) to explore interventions related to violence or excess alcohol consumption. Choose one evidence-based intervention (one that is recommended) and present this intervention to the task force.

- Summarize this intervention and the Community Health Nurse's role in implementing this strategy.
- Describe whether it is considered a primary, secondary, or tertiary prevention strategy and include your rationale (see p. 7 and Chapter 27 of Nies & McEwen, 2015 for a review of levels of prevention).